Gluten	Soya	Peanuts	Nuts	Sesame	Lupin	Milk	Eggs	Sulphites	Celery	Mustard	Fish	Molluscs	Crustacean
Mand	atory a	llergen	s conta	ins:									
✓	✓	✓	✓	z		✓	✓						
Key	(ey												
✓	Listed in ingredients												
z	May contain traces												

Product Name: Lily O'Brien's Creamy Caramel & Sea Salt 100g

Ingredients: MILK Chocolate 75% [Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Sticky Toffee Caramel 24.8% [Sugar, Glucose Syrup, Coconut Oil, Water, Sweetened Skimmed Condensed MILK (MILK, Sugar, Lactose (MILK)), MILK Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Whole MILK Powder, Whey Powder (MILK), Emulsifier (SOYA Lecithin)), Butter (MILK), Salt)], Sea Salt (0.1%), Natural Flavouring. MILK Chocolate contains Cocoa Solids 30% minimum, MILK Solids 20% minimum.

Allergens: For allergens, see ingredients in CAPITALS. May also contain NUTS, PEANUTS and cereals containing GLUTEN.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	2142
Energy (kcal):	512
Fat (g):	27
Fat of which saturates (g):	18
Carbohydrate (g):	60
Carbohydrate of which sugars (g):	56
Protein (g):	5.6
Salt (g):	0.33

Product Name: House Of Fudge Chocolate Fudge Nut Sundae Stick

Ingredients: Sugar, Glucose Syrup, Sweetened Condensed MILK, Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: Lecithins (SOYA), Natural Vanilla Flavouring), Refined Vegetable Oil (Palm), Butter (MILK), PEANUTS, HAZELNUTS, Clotted Cream (MILK), ALMONDS, Natural Flavouring, Emulsifier: Lecithins (SOYA), Salt.

Allergens: For allergens, see ingredients in CAPITALS. May contain traces of other TREE NUTS.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1840
Energy (kcal):	438
Fat (g):	16.6
Fat of which saturates (g):	8.3
Carbohydrate (g):	69.8
Carbohydrate of which sugars (g):	58.8
Protein (g):	1.9

Salt (g):	0.18
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Product Name: Cartwright & Butler English Afternoon Tea 30g

Ingredients: 100% Tea.

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A
Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A
Salt (g):	N/A

Product Name: Original Cake Co. Iced Christmas Cake Mini Square

Ingredients: Sultanas (41%), Icing (13%) (Sugar, Glucose Syrup, Palm Oil, Water, Humectant: Glycerine (E422), Emulsifier (E471), Stabiliser (E466), Preservative (E202), Flavouring, Colour (E171)), Marzipan (13%) (Sugar, ALMONDS, Corn Syrup, Water, Sorbitol (E420), Preservative E202, Thickener (E401), Stabiliser (Invertase)) [NUTS], WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamine), Sugar, EGG, Margarine (Vegetable Oil (Palm & Rapeseed), Water, Salt, Emulsifier: Distilled Monoglyceride (E471), Flavouring, Colouring (E160b, E100)), Butter [MILK], Glucose, Black Treacle, Emulsifier: Vegetable Glycerine (E422), Star Decoration (Sugar, Glucose Syrup, Vegetable Fat (Palm Kernel, Palm Oil), Invert Sugar Syrup, Thickeners: Xanthan Gum, Gum Arabic; Humectant: Glycerol; Emulsifier: Mono - And Diglycerides Of Fatty Acids; Glazing Agent: Shellac; Colours: Iron Oxides), Caramel Colour E150c, Raising Agents: E500, E450 [WHEAT].

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in a cool, dry place out of direct sunlight.

Typical Value per 100g

Energy (kj):	1626
Energy (kcal):	386
Fat (g):	9
Fat of which saturates (g):	3.8
Carbohydrate (g):	71
Carbohydrate of which sugars (g):	61
Protein (g):	4
Salt (g):	0.17



Product Name: Shortbread House Shortbread with Cinnamon & Demerara 150g

Ingredients: Flour (**WHEAT** Flour (Gluten), Calcium, Iron, Niacin, Thiamin), Butter (**MILK**, Salt), Demerara Sugar (10.7%), Sugar, Ground Rice, Vegetable Oils (Segregated Sustainable Palm Oil, Rapeseed Oil), Cinnamon (1%).

Allergens: For allergens, see ingredients in CAPITALS. Also may contain NUTS, SOYA and EGG.

Storage: Store in a cool, dry place away from direct sunlight. Once opened, store in an airtight container and consume within 7 days.

Typical Value per 100g

Energy (kj):	2233
Energy (kcal):	535
Fat (g):	30.4
Fat of which saturates (g):	20.2
Carbohydrate (g):	59.2
Carbohydrate of which sugars (g):	23.4
Protein (g):	5
Salt (g):	0.67

Product Name: Thursday Cottage Morello Cherry Jam 112g

Ingredients: Sugar, Morello Cherries, Concentrated Lemon Juice, Gelling Agent: Citrus Pectin, Acidity Regulator: Citric Acid. Prepared with 48g of fruit per 100g.

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Keep in a cool place once opened.

Typical Value per 100g

Energy (kj):	1059
Energy (kcal):	250
Fat (g):	0
Fat of which saturates (g):	0
Carbohydrate (g):	61
Carbohydrate of which sugars (g):	61
Protein (g):	0
Salt (g):	0

Product Name: Joe & Seph's Cappuccino Popcorn 32g

Ingredients: Corn, Sugar, Butter (MILK), Corn Syrup, Cream (MILK) (11%), Coffee, Cocoa Powder, Cinnamon.

Allergens: For allergens, see ingredients in CAPITALS. Made in an environment where NUTS, PEANUTS and SESAME SEEDS are present.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1907
Energy (kcal):	457
Fat (g):	26.7
Fat of which saturates (g):	16.3
Carbohydrate (g):	56.4
Carbohydrate of which sugars (g):	37.3
Protein (g):	3
Salt (g):	0.5

Product Name: Four Anjels Golden Oat Biscuits 100g

Ingredients: Margarine (Vegetable Oil (Palm, Rapeseed) Water, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Gluten Free **OAT** Flour (27%), Demerara Sugar, Gluten Free **OATS** (14%), Corn Flour (Maize Starch), Baking Powder (Raising Agents (Diphosphates, Sodium Carbonates) Rice Flour)), Salt, Natural Flavouring, Guar Gum.

Allergens: For allergens, see ingredients in CAPITALS. Produced in a factory that handles NUTS, MILK, EGG and SOYA.

Storage: Consume immediately after opening. Store in a cool, dry place out of direct sunlight.

Typical Value per 100g

Energy (kj):	1959
Energy (kcal):	468
Fat (g):	25
Fat of which saturates (g):	8.7
Carbohydrate (g):	55
Carbohydrate of which sugars (g):	24
Protein (g):	5.1
Salt (g):	0.50

