Gluten	Soya	Peanuts	Nuts	Sesame	Lupin	Milk	Eggs	Sulphites	Celery	Mustard	Fish	Molluscs	Crustacean
Mand	atory a	llergen	s conta	ins:									
✓	✓	✓	✓	✓		✓	z	✓					
Key													
✓	Listed in ingredients												
z	May contain traces												

Product Name: Ventopuro Merlot 37.5cl (13% ABV)

Ingredients: N/A

Allergens: Contains SULPHITES.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A
Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A
Salt (g):	N/A

Product Name: Ventopuro Sauvignon Blanc 37.5cl (12.5% ABV)

Ingredients: N/A

Allergens: Contains SULPHITES.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A
Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A
Salt (g):	N/A

Product Name: Mouse House Caramelised Onion Cheddar 100g



Ingredients: Cheddar Cheese (**MILK**), Caramelised Onion Chutney (Onions 46%, Raw Cane Sugar, Spiced Vinegar, Cinnamon, Cloves, Ginger, Concentrated Red Currant Juice, Extra Virgin Olive Oil, Citrus Pectin, Concentrated Lemon Juice), Preservatives E202.

Allergens: For allergens, see ingredients in CAPITALS. Contains GLUTEN.

Storage: Keep refrigerated. Can freeze for up to 6 months.

Typical Value per 100g

Energy (kj):	1672
Energy (kcal):	403
Fat (g):	31.8
Fat of which saturates (g):	19.7
Carbohydrate (g):	6
Carbohydrate of which sugars (g):	5.9
Protein (g):	23.1
Salt (g):	1.66

Product Name: Mouse House Smoked Cheddar 100g

Ingredients: Cheddar Cheese (MILK), Paprika, Smoke, Preservative (E202).

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Keep refrigerated. Can freeze for up to 6 months.

Typical Value per 100g

Energy (kj):	1664
Energy (kcal):	401
Fat (g):	20.5
Fat of which saturates (g):	8.2
Carbohydrate (g):	0.7
Carbohydrate of which sugars (g):	0.01
Protein (g):	31.4
Salt (g):	I.48

Product Name: Mouse House Vintage Cheddar 100g

Ingredients: Cheddar Cheese (MILK), Salt, Rennet.

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Keep refrigerated. Can freeze for up to 6 months.

Typical Value per 100g

Energy (kj):	1700
Energy (kcal):	410
Fat (g):	34.4
Fat of which saturates (g):	21.7
Carbohydrate (g):	0.1
Carbohydrate of which sugars (g):	0.1
Protein (g):	25



Product Name: Brown Bag Smoked Bacon Crisps 150g

Ingredients: Potatoes, Sunflower Oil, Seasoning (8%) (Lactose (**MILK**), Oak Smoked Sugar, Yeast Extract, Rice Flour, Salt, Sugar, Cooked Dried Bacon (Pork Meat, Curing Ingredients: Salt, Sodium Nitrate E251, Sodium Nitrate E250, Sodium Ascorbate, E301, Antioxidant: Rosemary Extract 0.1%), Flavouring, Paprika Extract, Acidity Regulator: Citric Acid).

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in an ambient condition.

Typical Value per 100g

Energy (kj):	2082
Energy (kcal):	498
Fat (g):	26.7
Fat of which saturates (g):	2.3
Carbohydrate (g):	58.7
Carbohydrate of which sugars (g):	3.9
Protein (g):	5.6
Salt (g):	1.7

Product Name: The Kindness Bakery Ploughmans Oatcake Bites 175g

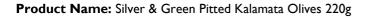
Ingredients: OATMEAL (48%) WHEAT Flour (WHEAT Flour, WHEAT Gluten, Calcium Carbonate, Iron, Niacin, Thiamin), Cheddar Cheese (13%) (MILK), Rapeseed Oil, Sweet Pickle (5%) [Vegetables in Variable Proportions (54%) (Carrot, Rutabaga, Onion, Cauliflower, Marrow, Gherkin). Sugar, **BARLEY** Malt Vinegar, Water, Spirit Vinegar, Modified Maize Starch, Date Paste: (Dates, Rice Flour), Apple Pulp (Apple Preservative: Sodium Metabisulphite), Salt, Tomato Paste, Dried Spices, Lemon Juice Concentrate, Onion Powder, Colour (**SULPHITE** Ammonia Carmel), Flavouring], Sugar, Salt, Raising Agents (Monocalcium Phosphate, Potassium Hydrogen Carbonate, Calcium Carbonate).

Allergens: For allergens, see ingredients in CAPITALS. May also contain EGG and SOYA.

Storage: Store in a cool, dry place out of direct sunlight. Once opened, the product should be kept in an airtight container.

Typical Value per 100g

Energy (kcal):428Fat (g):21.4Fat of which saturates (g):4.6Carbohydrate (g):47.2Carbohydrate of which sugars (g):4.7		
Fat (g):21.4Fat of which saturates (g):4.6Carbohydrate (g):47.2Carbohydrate of which sugars (g):4.7Protein (g):11.5	Energy (kj):	1782
Fat of which saturates (g):4.6Carbohydrate (g):47.2Carbohydrate of which sugars (g):4.7Protein (g):11.5	Energy (kcal):	428
Carbohydrate (g):47.2Carbohydrate of which sugars (g):4.7Protein (g):11.5	Fat (g):	21.4
Carbohydrate of which sugars (g): 4.7 Protein (g): 11.5	Fat of which saturates (g):	4.6
Protein (g): 11.5	Carbohydrate (g):	47.2
	Carbohydrate of which sugars (g):	4.7
Salt (g): 2.1	Protein (g):	11.5
	Salt (g):	2.1



Ingredients: Whole Kalamata Olives (76%), Sunflower Oil (21%), Extra Virgin Olive Oil (2%), Chilli Flakes, Ground Ginger, Salt, Antioxidant: Ascorbic Acid.

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1183
Energy (kcal):	287
Fat (g):	32
Fat of which saturates (g):	4.1
Carbohydrate (g):	0.3
Carbohydrate of which sugars (g):	0.1
Protein (g):	0.6
Salt (g):	1.9

Product Name: Mrs Darlington's Beetroot Chutney 120g

Ingredients: Sugar, Beetroot (28%), Bramley Apple, Onion, Spirit Vinegar, Cornflour, Salt, Spice.

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Refrigerate once opened.

Typical Value per 100g

Energy (kj):	743
Energy (kcal):	175
Fat (g):	0.1
Fat of which saturates (g):	0
Carbohydrate (g):	41.6
Carbohydrate of which sugars (g):	38.4
Protein (g):	1.2
Salt (g):	0.4

Product Name: Olina's Fig & Almond Toasts 100g

Ingredients: WHEAT Flour, Flaxseeds, Diced Figs (12.5%) [Figs, Rice Flour], Raw Sugar, ALMONDS (8%), Honey, Greek Yoghurt [Whole MILK, Cream (MILK), Live Cultures], Raising Agent (Sodium Bicarbonate), Salt.

Allergens: For allergens, see ingredients in CAPITALS. May contain other TREE NUTS and SESAME SEEDS.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1780
Energy (kcal):	425
Fat (g):	14
Fat of which saturates (g):	1.8
Carbohydrate (g):	59
Carbohydrate of which sugars (g):	25
Protein (g):	11
Salt (g):	1.7

Product Name: Cartwright & Butler Chilli & Garlic Flatbreads 130g

Ingredients: WHEAT Flour (42.8%), Water, Whole Grain Rye Flour, **SESAME SEEDS**, Sweet Chilli (Natural Spices (Chilli, Jalapeno, Red Bell Pepper, Tomato, Garlic, Ginger), Sugar) (3.6%), Yeast, Rapeseed Oil, Linseeds, Garlic Granules (1.3%), Sugar, Sea Salt.

Allergens: For allergens, see ingredients in CAPITALS. May also contain traces of MILK and NUTS.

Storage: Store in a cool dry place away from direct sunlight in an airtight container.

Typical Value per 100g

Energy (kj):	1679
Energy (kcal):	399
Fat (g):	10.2
Fat of which saturates (g):	1.4
Carbohydrate (g):	59.1
Carbohydrate of which sugars (g):	7.3
Protein (g):	13.2
Salt (g):	1.7

Product Name: VIP Nuts Bollywood Barbecue 63g

Ingredients: PEANUTS (96%), Rapeseed Oil, BBQ Flavour Seasoning (Salt, Sugar, Chilli Blend, Yeast Extract Powder, Spice, WHEAT Flour (Fortified), Dextrose, Garlic Powder, SOY Sauce Powder (SOYA, WHEAT), Buttermilk Powder (MILK), Dried Yeast, Onion Powder, Tomato Powder, Caramelised Sugar Powder, Malt Vinegar Powder (BARLEY), Flavouring, Smoke Flavouring, Acid (Citric Acid E330)).

Allergens: For allergens, see ingredients in CAPITALS. Packed in a facility that also handles NUTS, SESAME and CEREALS containing GLUTEN.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	2578
Energy (kcal):	622
Fat (g):	53
Fat of which saturates (g):	9.5
Carbohydrate (g):	7.8
Carbohydrate of which sugars (g):	3.8
Protein (g):	28.5
Salt (g):	1.25

